



# Lydney Town Band



## Welcome to the Lydney Training Band!



We are a friendly band and hope that you will enjoy yourself learning to play music of all kinds with us. We need new players like you all the time to keep the band alive. Many young musicians have been trained in this band over the years and have gone on to greater things! Most of us play for fun and a challenge.

The Lydney Training Band has been around for over 30 years. In 2005, there was a re-launch and lots of youngsters came along to play. This was great news for our future and we're glad you can be part of it.

## What happens when I come along?

The Lydney Training Band meet on Monday evenings, 6.30-7.30pm (except bank holidays). When you start, you will receive tuition in a small group from one of our four experienced players from the Town Band.



As you improve you will move up through the groups, taught by a Town Band volunteer until it is time to join the Training Band. To start with, you may only spend some of the hour in the band and the rest still receiving lessons. Playing in the band with others will help you 'keep time' and develop your listening.



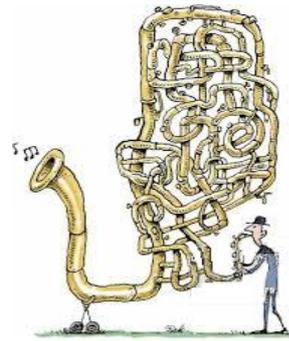
We play a range of exciting pieces that are chosen with improving your playing in mind. The senior players will help you but, when you get more experienced, you will be able to do this yourself! Do you have any favourite tunes, films or songs ??

## What does it cost?

There is a tuition fee of £1 a week. All the teachers in the band are volunteers from the senior band. You may be asked to buy a tuition book of your own as you progress, which will then belong to you. The Training Band will supply all other music but feel free to get some of your own too!!

## Instruments

We are able, in most cases, to provide you with an instrument or you can bring your own. If you borrow an instrument you are responsible for looking after it and keeping it safe and clean. Your instrument will be insured while you are using it in the bandroom or on a band job. But keep it safe when it is not in use. If you are borrowing a band instrument, please get your mum, dad or guardian to fill in the details of the instrument on the registration form.



## Keeping your instrument clean



Instruments only work properly if they are kept clean. This is easy to do and should be done every 3-6 months. Instruments can be rinsed outside and inside with warm soapy water (with a small amount of fairy liquid), then rinsed with clean water and dried with a soft cloth or towel. You may need to remove slides to remove all the water....watch the dribbles!!

Valves can be removed and rinsed but be careful with them! Ask someone to show you how to do this because they don't work if they are put back in the wrong way. Tuning slides should be removed and cleaned with *Silvo*, then washed with warm, soapy water. A small amount of *Vaseline* applied to the slide will help it run smoothly. DO NOT PUT VASELINE ON VALVES!! Trombone slides should be oiled or sprayed with 'trombone slide oil', which you can get from music shops.

## How to progress...

It takes time to learn to play a brass instrument, so be patient! To start with, 5 or 10 mins practice a day is better than 30 mins once a week. This can change to 15 min every other day once you have the basics. Always start with long notes to warm-up your lips.



Once you get the hang of it and start playing tunes, you can do grades on your instrument! These grades improve your standard and are nationally recognised. We use the Associated Board examination system and there are charges for exams. One of our tutors is a fully qualified music teacher and will prepare you for exams when you decide to give it a go! We also have our own scheme (Bronze, Silver & Gold) to prepare you for your first grade.

## Health & Safety

This is important to us all and we ask that everyone behaves well in the bandroom. When you leave mums/dad/guardians should come into the building to collect you so we can be sure you are correctly released from our care. Ask them to let us know if you have any health issues we should know about too.

All our tutors are there to look after you so just chat to someone if you need help with anything. You can go to the toilet when you like as there are girls and boys toilets available. Don't forget to flush and wash your hands .

## Town Band



You can come to the bandroom and listen to the Town Band at any time. They meet in the bandroom on Fridays 7.30-9.30pm. Training Band members are sometimes asked to play with the Town Band during the summer and Christmas celebrations, to improve their playing.

## Socialising

Social events are organised to encourage band members to get to know each other. Families are welcome! If you have any ideas for a social event, mention it to your tutors. Fund-raising events are also organised to raise money for music, instruments and uniforms. There is a Monthly Prize Draw to join for just £1 a month with a monthly prize of £15 minimum. Details are on the notice board in the bandroom!

## Notice board

There are several notice boards in the bandroom containing information about what's going on. Keep an eye on the dry-wipe board for band jobs and the publicity board for newspaper articles about the band. We also have a nice up-to-date website with all the information - [lydneyband.co.uk](http://lydneyband.co.uk). There is also information on our Facebook & Twitter page (minimum age is 13 applies).

**For Mums, Dads & Guardians** Please note - All tutors have the appropriate DBS checks, the Bandroom is fully insured with Personal Liability Insurance & the tutors take their 'duty of care' very responsibly with the wellbeing of youngsters being the prime concern. We follow the Brass Bands England 'Bandsafe' guidelines to keep everyone safe and happy. You can find our Youth Policy, Safeguarding Policy and Code of Conduct for all members on our website. Please feel free to talk to us in confidence if you have any concerns. Our designated safeguarding lead is Kerry Ford mob: 07554540469.