

# Playing safe together indoors

Welcome back! It's great to invite everyone back to playing indoors. We hope you will enjoy our rehearsal together. There are just a few changes to be aware of, to ensure we keep everyone safe while we have fun.

- **Only come to band if you are well or if you have not been asked to self isolate by the authorities.**
- If you have any of the following symptoms, 1. Elevated temperature, 2. Continuous cough, 3. Loss of smell and taste, please stay away from band and contact NHS Direct 111.
- **Entry** into the band hall will be via the rear of the building through the fire exit. A one-way system will be in operation during the rehearsal with all doors left open throughout. **Exit** is via the main front door.
- Please remember to keep 2m separation, even within family groups, while on band property.
- You will be asked on entry into the building to sanitise your hands and to confirm you are well. Your attendance will be registered.
- Please wear a face mask on entry and leave the face mask on until everyone is seated unless you are exempt. Face masks should be worn when leaving the building also.
- **Only** bring your **instrument [out of its case], music stand, issued music, spit rag (and waterproof bag to keep it in)**. Please use a plastic carrier bag to screen the carpet. Hand bags are permitted but please use as small a size as possible.
- Seats have been spaced 2m apart from each other and you will be allocated a chair number on arrival at the band room. Once you have registered please go straight to your allocated seat and setup your music stand and wait for rehearsal to start.
- Non-playing members are not permitted to stay in the band room.
- At the end of the rehearsal please pack away and leave promptly while adhering to the 2m separation.
- If you feel unwell or display symptoms after the rehearsal, please contact the Welfare Officer Kerry Ford immediately on 07554540469.