

Attendance instructions for outdoor rehearsals

Lydney Bandroom - GL15 5RU

Our main priority is to keep safe whilst we are rehearsing. Please observe these precautions to keep us all safe. Thank you.

Checks before attending

1. Please do not attend if you or your family are displaying any symptoms
2. Check your temperature on the day of rehearsal to make sure you are as safe as you can be
3. Make sure you have kept your instrument clean (washing every 2 weeks)
4. Please don't share your instrument with any members of your family
5. Maintain good handwashing etc before attending rehearsal and use the hand sanitiser on entry to and exit from the bandroom premises
6. Please arrive in separate vehicles unless you are already bubbled
7. Park your vehicle in the overflow car park, a safe distance from others and leave your instrument case and other soft fabric items in the vehicle where possible.

What to bring

Music, Stand, Cloth for collecting water, Bag to carry cloth away, Anti-bacterial handwash, cushion from home for comfort.

At rehearsal

1. Do not congregate at the entrance. **Follow the Rule of 6** when mingling before during or after rehearsal
2. There will be no toilet facilities available at rehearsal unless it is an emergency (please use sanitation provided)
3. Seats will be allocated to you at a safe distance of 2m
4. Please maintain personal hygiene whilst at rehearsal (catch it, bin it, kill it)
5. Catch all water in your cloth for disposal at home
6. Maintain 2m distance **at all times**
7. If you feel unwell or display symptoms, please be prepared to leave the rehearsal immediately
8. Put your instrument away immediately after rehearsal to avoid spread of aerosol.